

FOUNDATIONS FOR MALLETS

Reading and Technical Exercises for The Elementary to Advanced Student

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FOUNDATIONS SERIES FOR BAND

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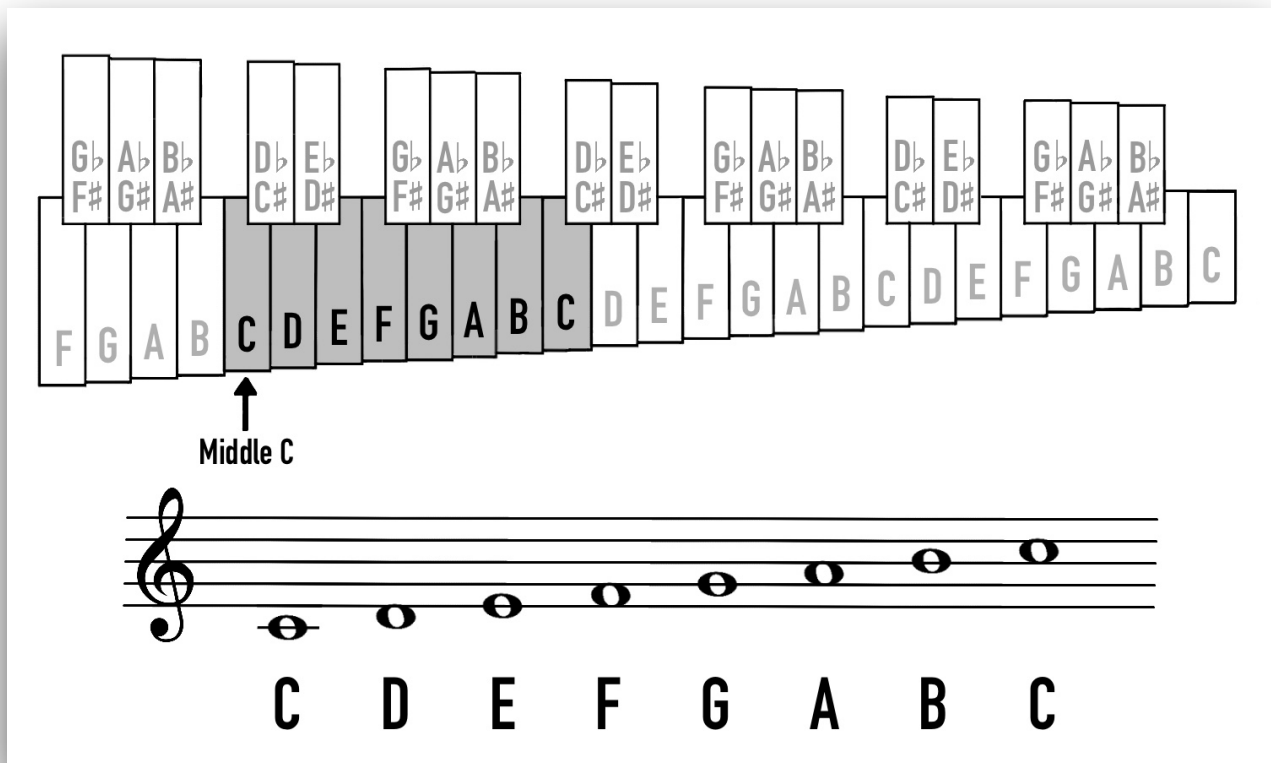
Introduction

Foundations for Mallets is the second in a series of methods for the aspiring percussion student. This method is designed to be incorporated with elementary to advanced students, and may be used in an individual or class setting. Though not a necessity, it is strongly recommended that students incorporate *Foundations for Drumming* while working on this method. Doing such will greatly serve to better develop the student's technique, his/her understanding and application of musical nomenclature, and his/her ability to count and perform rhythms of varying complexity; all of which are the foundation for any percussionist.

This method focuses upon reading and technical development through the use of scale and arpeggio exercises, as well as short melodies that gradually increase in complexity. The exercises in this method are composed for a standard 3½ octave xylophone, and are based upon the most common keys an elementary to high school student will encounter. As each new major scale is presented, an illustration is provided to indicate which notes on the xylophone correspond to its placement on the staff.

While practicing these exercises, it is strongly encouraged that students practice them hand to hand while using a metronome. Doing such greatly helps students to monitor their muscle memory, spatial recognition, and mallet control; especially when each exercise is practiced slowly and the tempo is increased incrementally. This is an integral component, because far too often students focus on playing fast, and in turn miss out on all of the details needed to develop the skills necessary to perform musically and with sound technique. At the end of this book, all of the major and minor scales are posted with the expectation that the student practices each with the two octave scale and arpeggio exercises previously studied. Thus, with diligent practice of the exercises and melodies presented, students will gain marked improvement with their technique and reading ability.

C Major

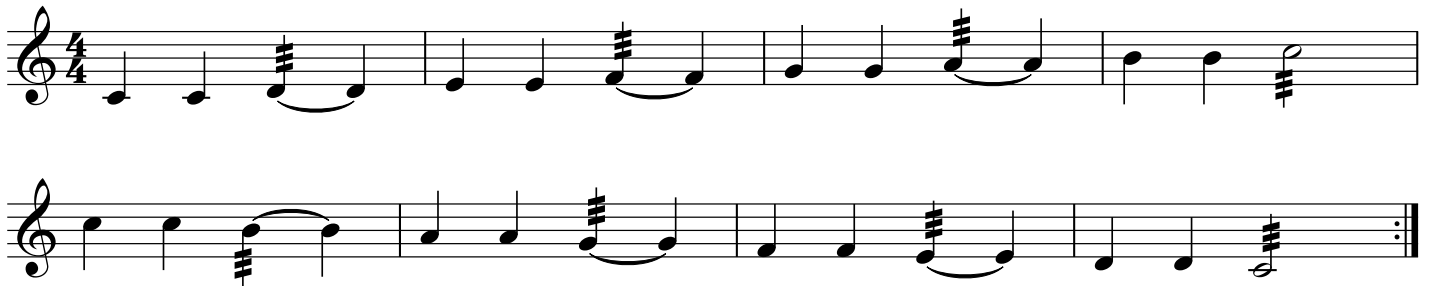


C Major Exercises

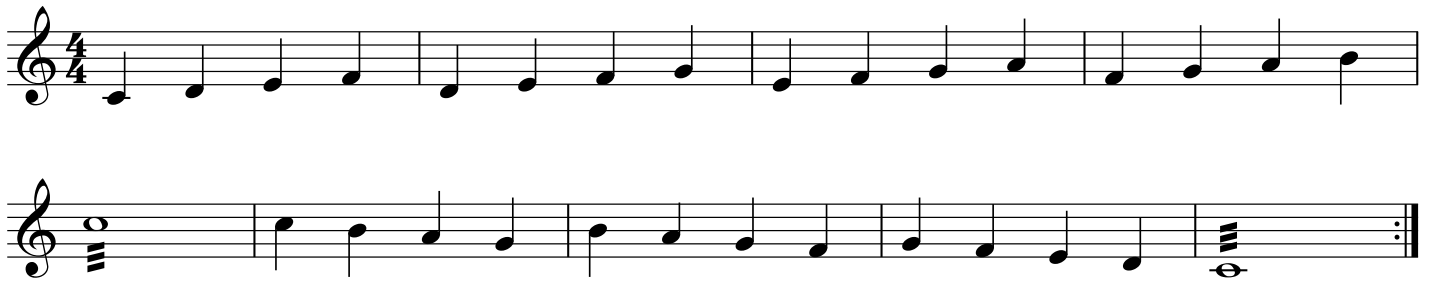
Exercise 1



Exercise 2



Exercise 3



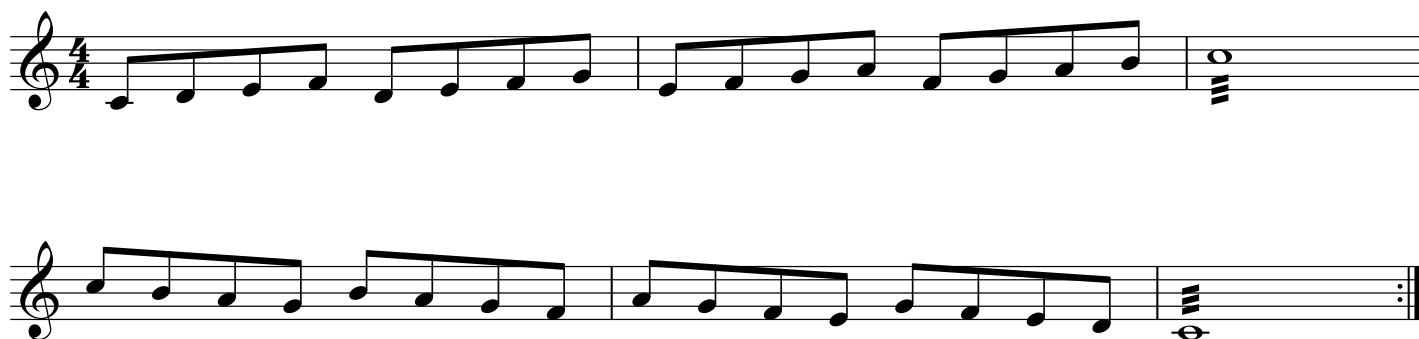
Exercise 4



Exercise 5



Exercise 6



Exercise 7



Exercise 8



Chester

William Billings



Oh, Susanna

Stephen Foster



Can Can

Jacques Offenbach



The diagram illustrates the F# harmonic minor scale. The top part shows a piano keyboard with keys labeled F, G, A, B, C, D, E, F, G, A, B, C, D, E, F, G, A, B, C. The keys are color-coded: white for natural notes, black for sharps, and grey for naturals of notes that have been sharpened in the scale. The bottom part shows a musical staff with a treble clef and a key signature of one sharp (F#). The scale is written as a sequence of notes: G, A, B, C, D, E, F#, G, A, B, C, D, E, F#, G. The notes are labeled with their corresponding letter names and accidentals.

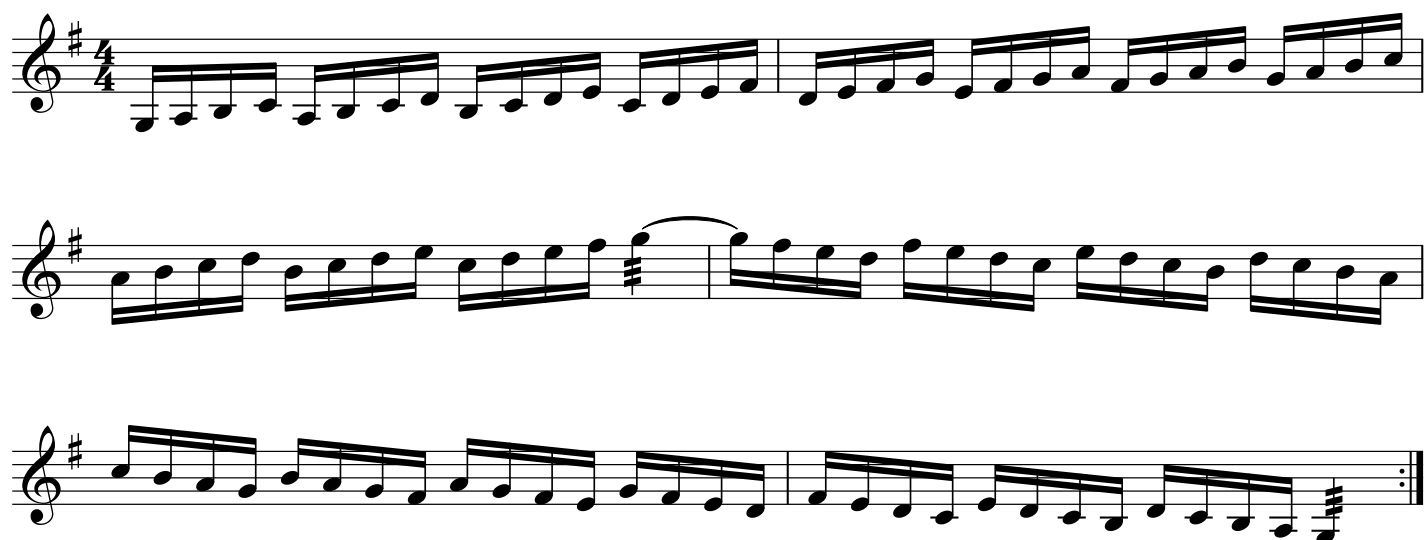
Exercise 6



Exercise 7



Exercise 8



Be Still My Soul

Jean Sibelius

p
mf
f
p

Turkey in The Straw

Traditional

mf
f

Who Shall Rule This American Nation

Traditional

mf